



Plyo Boxes (set of 3)

The Plyo Boxes come in a set of three different heights - 12", 18", and 24". Plyo Boxes are very functional, allowing users to perform a variety of bodyweight exercises that target the entire body, such as Box Jumps, Split Squat Lunges, Elevated Push-Ups, Toe Taps, Bicycles, and more. They are available in both surface mount and in ground mount versions.

SPECIFICATIONS

Fall Height: 24" (2 ft)

Use Zone: 23' x 13'7" (276" x 164")

Ages: 13+

Weight: 74 lbs. (per set)

Height: 24", 18", 12"

Width: 20" x 20"/each

Frame & Finish: All aluminum construction with checker plate top surface.

Warranty: 15 years

Shipping Weight: 114 lbs. (per set)

FEATURES

- ✓ Aluminum checker plate slip-resistant surface
- ✓ Dozens of full-body exercises
- ✓ Weatherproof and tamperproof
- ✓ Solid weld construction